



yogasport™  
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YOGA SCHOOL

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ANGELA  
WAGNER

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## 2012 REQUIRED READING LIST

*Journey into Power* by Baron Baptiste\*  
*40 Days to Personal Revolution* by Baron Baptiste\*  
*The 3 Minute Meditator* by David Harp and Nina Feldman\*  
*A Complaint Free World* by Will Bowen  
*Scientific Keys: The Key Muscles of Hatha Yoga, Vol I* by Ray Long  
*Scientific Keys: The Key Poses of Hatha Yoga, Vol II* by Ray Long  
*The Yoga Sutras of Patanjali* (translated by Alistair Shearer)  
*Yoga Postures Adjustments and Assisting* by Stephanie Pappas  
*Journey to the Heart* by Melodie Beattie  
*The Four Agreements* by Don Miguel Ruiz

\*These books will be provided by YogaSport. All other books in the required list must be purchased by the student before the start of training.  
Additional reading may be added during the program.